

# CHD 10-year Risk Assessment

## Men

Age	Points
20-34	-9
35-39	-4
40-44	0
45-49	3
50-54	6
55-59	8
60-64	10
65-69	11
70-70	12
75-79	13

## Women

Age	Points
20-34	-7
35-39	-3
40-44	0
45-49	3
50-54	6
55-59	8
60-64	10
65-69	12
70-70	14
75-79	16

Total Cholesterol	Age 20-39	Age 40-49	Age 50-59	Age 60-69	Age 70-79
<160	0	0	0	0	0
160-199	4	3	2	1	0
200-239	7	5	3	1	0
240-279	9	6	4	2	1
>279	11	8	5	3	1

Total Cholesterol	Age 20-39	Age 40-49	Age 50-59	Age 60-69	Age 70-79
<160	0	0	0	0	0
160-199	4	3	2	1	1
200-239	8	6	4	2	1
240-279	11	8	5	3	2
>279	13	10	7	4	2

Smoker	Age 20-39	Age 40-49	Age 50-59	Age 60-69	Age 70-79
No	0	0	0	0	0
Yes	8	5	3	1	1

Smoker	Age 20-39	Age 40-49	Age 50-59	Age 60-69	Age 70-79
No	0	0	0	0	0
Yes	9	7	4	2	1

HDL (mg/dl)	Points
>59	-1
50-59	0
40-49	1
<40	2

HDL (mg/dl)	Points
>59	-1
50-59	0
40-49	1
<40	2

Systolic BP	Untreated	Treated
<120	0	0
120-129	0	1
130-139	1	2
140-159	1	2
>159	2	3

Systolic BP	Untreated	Treated
<120	0	0
120-129	1	3
130-139	2	4
140-159	3	5
>159	4	6

Point Total	10-Yr. Risk %
<0	<1
0-4	1
5-6	2
7	3
8	4
9	5
10	6
11	8
12	10
13	12
14	16
15	20
16	25
>16	>30

Point Total	10-Yr. Risk %
<9	<1
9-12	1
13-14	2
15	3
16	4
17	5
18	6
19	8
20	10
21	14
22	17
23	22
24	27
>24	>30