

**MCI Adult (age > 50) Preventive Health Exam**  
 \*required to bill for Medicare Initial Preventive Physical Exam (IPPE)

**PT. NAME:** \_\_\_\_\_

**Med Rec. # or DOB:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

CHECK  IF ITEM WAS QUERIED  
 CIRCLE ABNORMALS ADD ITEMS AS NEEDED

- Waiver Obtained for Eligibility\*  
 Advance Directive Discussed\*- Copy in Chart  Yes  No

**Functional Ability Screen\*:**

- Reading: trouble reading  
 Self Care: dressing, eating, bathing, toileting  
 Falls: trouble walking, stairs, falls  
 Hearing: trouble hearing  
 Vision: trouble seeing

**Visual Acuity\*:** Rt. 20/\_\_\_\_ Lt. 20/\_\_\_\_

Preventive Services*	Interval	Date	Order
Pelvic & Breast exam	2 yrs		
Mammogram	1 yr		
Pap (nl. risk)	2 yrs		
PSA	1 yr		
Occult blood	1 yr		
Colonoscopy (nl. risk)	10 yrs		
Lipid profile	5 yrs		
Glucose (if at risk)	1 yr		
DXA	2 yrs		
Tetanus (not paid by CMS)	10 yrs		
FluVax	1 yr		
Pneumovax	varies		
Eye exam (not paid by CMS)	2 yr		

**Depression Screen\*:**

In the past two weeks have you felt:

- Little interest or pleasure in doing things?  yes  no  
 ▪ Down, depressed or hopeless?  yes  no

Nurse sig. \_\_\_\_\_

**Medical History:**

History reviewed  PMH  SH  FH

**Status of Chronic Med. Problems:**

- 1.
- 2.
- 3.
- 4.
- 5.

**Review of Systems:**

- Constitutional:** fever, wt. loss, fatigue
- EENT:** nose congestion, sore throat, ear pain
- CV:** chest pain, palpitations
- RESP:** cough, SOB
- GI:** N / V / D / C, heartburn, rectal bleeding
- GU:** dysuria, incontinence, nocturia x \_\_\_\_
- MS:** joint pain
- SKIN:** rashes
- NEURO:** numbness, focal weakness, headache
- Other:** (endocrine, heme/lymph, allergy/immune)

**Physical Exam**

**CONSTITUTIONAL:**

Appears healthy, NAD,  Ht. Wt. & BP noted, BMI\* \_\_\_\_\_

**EYES:**

- Conjunctiva & lids nl.  PERRL  
 cataracts none, fundi benign

**ENT:**

- canals clear, Tm's nl. R+L, (aids R + L)  
 mucosa, tongue, pharynx nl,  nose-not congested  
 lips, gums, teeth nl. (dentures – upper, lower, both)

**NECK:**

symmetrical, no masses,  thyroid not palpable

**LYMPH:**

neck nl. R+L,  axilla nl. R+L  groin nl. R+L

**LUNGS:**

nl. resp. effort,  no rales, rhonchi or wheezes

**HEART:**

- reg. rhythm, no murmur,  carotids 2+/2+, no bruits  
 femoral pulse 2+/2+, no bruits,  pedal pulses 2+/2+  
 no pedal edema, no varicosities

**ABDOMEN(GI):**

- soft, no masses, not tender,  bowel sounds nl.  
 liver at costal margin,  no hernia  
 occult blood neg (pos),  rectal exam nl.

**MALE GU:**

- penis nl.  testicles & scrotum nl.  
 prostate nl. size, no nodules

**BREAST & FEMALE GU** (Bill Medicare separately if 7 elements done)

- breasts symmetrical, no nipple discharge, no breast masses  
 ext. genitalia  vag. mucosa nl.  anus & perineum nl.  
 urethra nl.  bladder nl.  cervix nl. (hyst)  
 uterus nl. size (hyst),  no adnexal mass

**ORTHO:**

- nl gait, independent, good balance  
 nl muscle tone & strength  
 joints - no inflammation,  no restricted motion

**SKIN:**

no rashes, no lesions

**NEURO:**

- cranial nerves intact,  no sensory deficit  
 DTR's nl

**MENTAL STATUS:**

- spells *World* backwards \_\_\_\_\_  knows day of week  
 calculates 12 nickels = \_\_\_\_\_  knows Today's date = \_\_\_\_\_  
 memory intact (\_\_\_\_ of 3 items)  mood happy ( sad / anxious / neutral)

**Assessment:**

- Functional difficulties  None  Hearing  Vision  Depression  
 Falls  Reading  Self care
- Normal Mental Status  
 Chronic problems stable

**Plan:**

- EKG  Screening (Covered w/IPPE)  Diagnostic  
 Order preventive services as in history  
 Preventive health counseling and booklet given  
 Written recommendations given\*  
 Follow up \_\_\_\_\_

Provider Sig. \_\_\_\_\_

Note dictated

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